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## 10 DAY SUGAR DETOX DIET: SMASH YOUR ADDICTION AND CRAVINGS! LOSE WEIGHT! INCLUDES 10 DAY MEAL PLAN AND 30 SAVORY RECIPES.



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Is sugar physically and emotionally addictive? Do hormones trick our bodies into thinking we are starving when we are actually overweight? Does the omnipresence of sugar and high fructose corn syrup contribute to obesity and disease? What about zero calorie substitutes? The 10-Day Sugar Detox is a blueprint to reset your fat storage hormones and work with them...

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- Authored by Francesca Dimarco
- Released at 2015



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