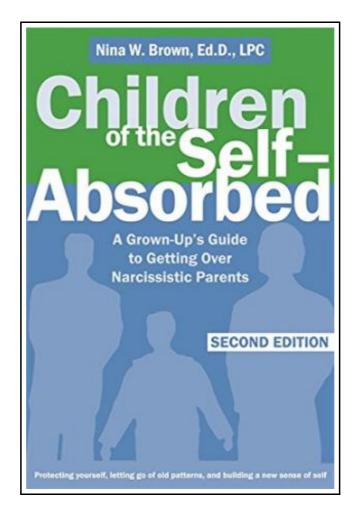
Children of the Self-Absorbed A Grown-Ups Guide to Getting Over Narcissistic Parents



Filesize: 7.41 MB

Reviews

It is great and fantastic. Better then never, though i am quite late in start reading this one. Your life period will likely be transform once you comprehensive reading this book.

(Blanca Davis)

CHILDREN OF THE SELF-ABSORBED A GROWN-UPS GUIDE TO GETTING OVER NARCISSISTIC PARENTS



New Harbinger Publications. Paperback. Book Condition: New. Paperback. 240 pages. Dimensions: 8.9in. x 6.0in. x 0.7in.Being a parent is usually all about giving of yourself to foster your childs growth and development. But what happens when this isnt the case Some parents dismiss the needs of their children, asserting their own instead, demanding attention and reassurance from even very young children. This may especially be the case when a parent has narcissistic tendencies or narcissistic personality disorder. From the author of Working with the Self-Absorbed and Loving the Self-Absorbed, this major revision of a self-help classic offers a step-by-step approach to resolving conflict and building a meaningful relationship with a narcissistic parent. Children of the Self-Absorbed offers clear definitions of narcissism and narcissistic personality disorder to help you identify the extent of your parents problem. Youll learn the different types of destructive narcissism and how to recognize their effects on relationships. With the aid of proven techniques, youll discover that youre not helpless against your parents behavior and that you neednt consider giving up on the relationship. Instead, realistic strategies and steps are suggested for learning to set mutually agreed upon behaviors that can help you fulfill your needs and expectations. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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